In the name of Allah, the Gracious, the Merciful

Schedule a Meeting with God

In an issue of Det Bästa, Louis Finkelstein, chancellor of the Jewish Theological Seminary of America, writes in his article "Schedule a Meeting with Yourself" that there is no better way to renew oneself than through meditation. It would transform our judgments and attitudes, and the profits would be immense, and the joy great. Everyone, according to Finkelstein, should think more about the fact that there are deep values hidden within us, and gladly use a good book, for example Plato, to help when trying to focus on pure thoughts.

The idea of scheduling a meeting with someone is exceptionally good! But since I wake up every morning and go to bed every evening alone with myself and my thoughts—is it at all possible to avoid doing so?—I doubt it would be of much value to, under meditation, stir around in my own insignificant thoughts, which may otherwise lie like dust in my subconscious.

I usually schedule meetings with God. At least five times a day I arrange such meetings with Him, and during prayer, in conversation with Him, I gain strength and joy in proportion to what no human being could ever bring forth.

God is almighty, therefore I know that He can help me when I face difficulties. God is all-wise, therefore He can answer all my questions. God is merciful, therefore I know that He looks upon me with infinite love. And God is One, and therefore I know that I will always be able to turn to Him when I schedule a meeting!

Do I need something to read, there is a Book. It is also powerful and full of love, and it is One. It is God's word in unadulterated and unchanging form. It is called the Qur'an. God revealed the Qur'an to the holy Prophet Muhammad, may God's peace be upon him, and through it gave peace, human happiness, and guidance. Therefore I let the Qur'an, God's word, guide me.

The wealth and joy that Louis Finkelstein says he gains from his slumbering thoughts and Plato's books can perhaps be compared to a flickering candle's weak light against the radiant light of the sun, the glow of the moon and the sparkle of the stars, which together are my wealth and happiness, for so God's word shines in my mind.

Q.S.